



St Margaret of Scotland Hospice

Mary Aikenhead Centre

Reflections Diary

For Patients

St Margaret of Scotland Hospice, founded by the Sisters of Charity in 1950, is at the heart of the Community providing wholeness of care for both body and Spirit.



WELCOME

Please use this Reflections Diary to record, on behalf of our patients, their thoughts, emotions and general wellbeing further to any activity or event in which they participate.

Using this Reflections Diary as a means of communication, be particularly mindful of their expressions and level of engagement during the activity and help them to express their feelings and thoughts.

By keeping this diary we will assist our patients in recording memories which may well open many doors to their past, to their present and future wellbeing.



DAY 1

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DAY 3

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DAY 31



