GP and Specialist Education Programme

St Margaret of Scotland Hospice has developed a series of key education sessions that will deliver ongoing professional learning for GPs and specialists. This series will also feature online video and lecture-based film content that will promote further access to e-learning and ongoing revision as a result of this programme. Films will be dynamic, engaging and thought-provoking and combine webinar (lecture and learning) as well as case studies and demonstration content bringing the opportunity to continue the learning experience beyond the contact time. All sessions will be supported with professional learning materials and with NES standards throughout. The course is accredited by NES and hosted by the St Margaret of Scotland Hospice Education Team. Each session will be delivered by key experts in non-malignant disease and palliative care, offering session participants the most innovative, evidence based education.

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Comprehensive CPD

The education programme will offer General Practitioners and other specialists concept-based, modular education sessions that will deepen their understanding of key issues within palliative care, specific diseases and caring for people at end of life.

Areas to be covered:

• Non-malignant disease updates
• Symptom assessment and management
• Hospice as a support mechanism
• Recognising and managing end of life approaching

The learning will be offered as ongoing sessions hosted at the hospice education centre with the aim to make the range of materials, lectures and discussions available in multiple formats- online, mobile and tablet devices. Films and lectures will be available via secure-access site following each session and will be made publicly available from December 2014.

KEY FEATURES

• Lecture webinars
• Case studies/patient experience
• Online and Facebook interaction/debate
• Multiple outputs- online, mobile device, tablet
• CPD Accreditation
• Varied peer-to-peer learning opportunities
Outcomes
This programme aims to inform and emphasise the essential, constructive and direct association between Specialist Palliative Care and Acute & General Medicine.

The programme provides participants with updates and information on the following:

- The importance of Specialist Palliative Care and its application to every aspect of Acute & General medicine
- Practical and theoretical frameworks to optimise symptom assessment and supportive care
- Palliative Medicine as an integral component to the support and management of all disease processes
- Introduction to sponsor Product/Service

Delivery
Each learning session will consist of the following components:

- Welcome reception drinks in exhibition space
- Hot supper

Education Sessions in Lecture Theatre

- 45 min presentation/lecture and learning session by disease-specific specialist
- 45 min symptom management update session
- Peer-to-peer discussion and review
- Q&A Session with panel
- Evaluation will be captured at end of session and 6 & 12 month intervals
- Accreditation will be a minimum of 2 CPD points per session with additional CPD accreditation available through the submission of significant event analysis reflections at 6 and 12 month intervals
- Pharmaceutical exhibitions will be available at each session

In addition, participants will be given full, 12-month access to all learning resources and materials via the customised learning portal being developed by SMoSH.

All sessions will be filmed for ongoing review and secure access provided for attendees. The development of learning materials is supported by Charities and various Medical and Pharmaceutical companies.
Session Timetable: 1-6

Session 1 - Ethical Decision Making & Anticipatory Care Planning

- Facilitated by a Key Expert in Bio-Medical Ethics and Anticipatory Care Planning TBC
- Emergencies in Palliative Care – Palliative Management Update
- Facilitated by Dr David Gray, Consultant in Palliative Medicine, Accord Hospice, Paisley
- Case Study Film – Living with Spinal Cord Compression
- Video Insight – The expert in Bio-Medical Ethics and ACP will share the ethical tensions presented in Palliative and end of life situations and the difference anticipatory care planning can make to decision making process and clinical outcome.

Session 2 - Basic Life Support update

- Facilitated by NHSGG&C Resuscitation Team

Session 3 – Learning Disability and Serious Illness

- Facilitated by the Learning Disability Project Team, Prince and Princess of Wales Hospice, Glasgow
- Nausea & Vomiting – Palliative Management Update
- Facilitated by Dr Alistair McKeown, Consultant in Palliative Medicine, Prince and Princess of Wales Hospice, Glasgow
- Case Study Film – Living with a Learning Disability and Serious Illness
- Video Insight – The PPWH Learning Disability Project Team will share the project origins, aims and objectives and the benefit effective interdisciplinary relationship can make to anticipatory care planning, decision making process and clinical outcome.

Session 4 - Respiratory Disease

- Facilitated by Dr Scott Davidson, Consultant in Respiratory Medicine, NHSGG&C Southern General Hospital, Glasgow
- Breathlessness – Palliative Management Update
- Facilitated by Dr Jane Edgecombe, Consultant in Palliative Care, Beatson West of Scotland Cancer Centre, Glasgow
- Case Study Film – Living with Chronic Obstructive Pulmonary Disease (COPD)
- Video Insight – Dr Scott Davidson will share the incidence and prevalence of Respiratory Disease and the challenge of prognostic indication influencing anticipatory care planning, decision making process and clinical outcome

Session 5 - Endocrine Disease

- Facilitated by Dr Jim Boyle, Consultant in Endocrinology, NHSGG&C Glasgow Royal Infirmary, Glasgow
- Pain & Complexity - Treatment Modality and Outcome Update
- Facilitated by Dr Mike Serpell – Senior Clinical Lecturer in Anaesthetics, Consultant in Anaesthetics and Pain Management, NHSGG&C Gartnavel General Hospital
- Case Study Film – Living with Peripheral Neuropathy
- Video Insight – Dr Jim Boyle will share the incidence and prevalence of end stage Endocrine Disease and the challenge of prognostic indication influencing anticipatory care planning, decision making process and clinical outcome

Session 6 - Cardiovascular Disease

- Facilitated by Dr Karen Hogg, Consultant Cardiologist, Marie Curie Caring Together Project, Glasgow
- Cachexia & Fatigue – Palliative Management Update
- Facilitated by Dr Barry Laird, Clinician Scientist in Palliative Medicine. Honorary Consultant at the Edinburgh Cancer Centre and the Beatson West of Scotland Cancer Centre, Glasgow
- Case Study Film – Living with Heart Failure
- Video Insight – Dr Karen Hogg will present the findings of the Caring Together Programme and the difference this programme has made to the lives of those living and dying with end stage heart failure and healthcare service planning and provision overall
Session 7 - Neurological Disease

- Facilitated by Dr George Gorrie, Consultant Neurologist, NHSGG&C Southern General Hospital, Glasgow
- Delirium – Palliative Management Update
- Facilitated by Dr Rachel Thorpe, Consultant in Palliative Medicine, Ardgowan Hospice, Greenock
- Case Study Film – Living with Motor Neurone Disease (MND)
- Video Insight – Dr George Gorrie will present the challenge of prognostic indication influencing anticipatory care planning, decision making process and clinical outcome

Session 8 - Renal Disease

- Facilitated by Dr Tara Collidge Consultant Nephrologist, NHSGG&C Western Infirmary, Glasgow
- Cough & Itch – Palliative Management Update
- Facilitated by Dr Marie-Claire McGowan, Consultant in Palliative Medicine, St Vincent’s Hospice, Howwood
- Case Study Film – Living with End Stage Renal Disease
- Video Insight – Dr Tara Collidge will share the incidence and prevalence of chronic kidney disease as a consequence of advances in medical management and comorbid conditions

Session 9 - Dementia

- Facilitated by Consultant in Old Age Psychiatry TBC
- Pain Assessment and Cognitive Impairment – Palliative Management Update
- Facilitated by – Dr Maire O’Riordan, Consultant in Palliative Medicine, Marie Curie Centre, Glasgow
- Case Study Film – Living with Dementia
- Video Insight – the Consultant in Old Age Psychiatry will share the incidence, prevalence, national strategy and vision underpinning the diagnosis, treatment and management of dementia influencing anticipatory care planning, decision making process and clinical outcome

Session 10 – Gerontology and the Management of Medical Deterioration in the Older Adult

- Facilitated by Dr Pamela Seenan, Consultant in Gerontology, NHSGG&C Gartnavel General Hospital, Glasgow
- Principles of End of Life Care – Palliative Management Update
- Facilitated by Professor John Welsh, Consultant in Palliative Medicine, St Margaret of Scotland Hospice, Clydebank
- Case Study Film – Living with Huntington’s Disease
- Video Insight – Dr Seenan will share the challenges of Scotland’s changing demographic and the impact on healthcare service planning and provision. She will outline the role and criteria of NHS Continuing Care within NHSGG&C and the Management of Medical Deterioration of the Older Adult.
One of the best methods of engagement with ongoing education is to introduce several points of entry and understanding for the health professionals.

This will include the regular methods of email campaigns, discussion forums and centralised points of contact but will also utilise social media as a direct and accessible route for practitioners.

The video content will be used to offer short introductions to methods as well as working as information sharing—providing small sections of useful learning for health practitioners, encouraging the opportunity to debate and discuss contemporary issues.

Video content will compliment the learning timetable and bring a range of reusable resources to participants:

- Palliative Care overview: a short film that introduces the programme of education with an emphasis on the topics available and the key areas of learning.
  
  This will include short excerpts from training sessions. It will be an easy to share and engaging short film that prompts interaction from social media-engaged health professionals.
  
  In addition to the overview, ongoing learning sessions will be made available:

  - Short section learning: A series of 3 minute excerpts where a key concept is outlined and presented for learning.
    
    As a stand-alone piece it is useful and informative but also brings an opportunity to learn from peers. It is possible that these sections can be used to develop an audience within other professional groups—offering them the opportunity to view and share the content as part of their ongoing professional learning.

  - Case Study:
    
    Key patients and family members present short versions of their full case history. These will give audiences a chance to develop their understanding of the materials on offer. In addition, feedback and discussion from peers (filmed at initial sessions) will add more to this learning experience.
St Margaret of Scotland Hospice first commenced the delivery of Hospice Care in 1951. It has been operational in the town of Clydebank for over 62 years. The Hospice delivers Palliative Care and Specialist Palliative Care to all in need of care.

The Core Values

**Respect for Human Dignity**

We respect human dignity when we:

- Respect the sacredness of life
- Care for the whole person
- Demonstrate unity of purpose, while recognising individual differences
- Value each person’s contribution
- Act in a culturally appropriate manner

**Service / Quality**

We provide service when we:

- Create an environment of welcome and hospitality
- Promote quality care and excellence in St. Margaret’s
- Encourage and demonstrate team spirit
- Recognise the value of individual initiatives and ideas
- Show openness to constructive criticism and feedback

**Care of the Poor and the Vulnerable/ Advocacy**

We care for the poor and the vulnerable when we:

- Listen attentively to identify unmet needs
- Respond in a practical way to those in need
- Collaborate with others to share resources
- Create access to needed services
- Provide basic resources for daily living to those in need

**Compassion**

We show compassion when we:

- Act with understanding and sensitivity
- Work co-operatively with others
- Are available to those we serve and to each other
- Respect and nurture the environment

**Justice**

We promote justice when we:

- Act with integrity
- Respect the rights of others
- Take responsibility for our actions
- Preserve resources
- Provide quality without extravagance
- Demonstrate fairness in decision making
- Affirm, celebrate and develop the gifts and talents of each person
- Model justice in all aspects of business practice
About the Hospice: Mission

Our Mission is:

To treat each individual as unique

• Valuing them without distinction or judgement
• Respecting their culture
• Respecting their beliefs – be they religious or otherwise

To enable all to reach their full potential until death

• Valuing that which they have to offer
• Respecting the autonomy of the individual
• Encouraging them to participate in their own care together with their family and friends

To confront the patient’s pain and distress, whether physical, mental, social or Spiritual

• Through close co-operation through of all the disciplines involved in the care of the patient and the family

To encourage openness and honesty when communicating with the patient and family members

• By respecting the patient’s wish to question or remain silent
• By respecting the patient’s confidentiality at all times

To create an atmosphere where healing can occur

• Through meeting the patient’s needs as a person
• Through accepting the terminal dimensions of the illness
• Through a holistic approach of care

To show particular concern for staff at all levels

• Through consultation and participation in decision-making
• Through staff support

To be committed to education, research and an ethical approach to care

• Through the work of the Study Centre and the Ethics Committee
• Ensuring research projects are carried out when deemed appropriate

To be committed to the development of palliative care

• Throughout the United Kingdom
• And further afield

To participate actively in National Associations and International Associations

• Of the various palliative care disciplines – medical, nursing, social work and chaplaincy
Services, Support and Facilities

Specialist Palliative Care Centre: St Joseph’s Ward

- Registered for 30 beds
- Out of hour’s access for patients accessing Hospice Services, where appropriate
- Weekly Multi-Disciplinary Team Meetings & Peer Education Session
- Multidisciplinary Team
  - Chief Executive
  - Consultant in Palliative Medicine
  - Specialist Registrar
  - Two Hospice Physicians
  - Hospice Lecturer
  - Director Clinical Services (Specialist Practitioner Qualification)
  - Assistant Director of Nursing (Specialist Practitioner Qualification)
  - Senior Nurse Managers (Specialist Practitioner Qualification)
  - Physiotherapist
  - Occupational Therapist
  - Social Worker
  - Palliative Lymphoedema Service
  - Psychological Services
    - Counselling Team including Student Counselling Placement Opportunities
      - One to One
      - Group
    - Art Therapy
      - One to One
      - Group
    - Weekly ‘drop in’ support sessions
    - Preparatory Bereavement Projects
      - Film Production – Case Studies
      - Life Story Capture
      - Art & Textiles
      - Recorded Narrative
  - Chaplaincy

- Spiritual Support
- Pastoral Care Team
- Chapel / Quiet Room
- Complementary Therapy
- Snoozelen Room
- Hairdressing Service
- Garden Room Restaurant
- Pool/Hydrotherapy
- WiFi

In-Patient Accommodation

- Single and Shared Rooms (with telephone and internet access)
- Overnight Accommodation
- Family Sitting Rooms
- Television Room
- Hospice Transport – to aid patient admission

Continuing Care Unit- Mary Aikenhead Centre

- Registered for 28 beds
- Consultant Led Weekly Ward Round
- Daily Medical Review of patients
- On-site access to Specialist Palliative Care Advice
Services, Support and Facilities

Edwina Bradley Day Hospice

- Registered for 10 places per day
- Hospice Transport – to aid patient attendance
- Access to:
  - Consultant in Palliative Medicine
  - Pain and Symptom Assessment and Management
  - Clinical Nurse Specialist
  - Regular Holistic Assessment
  - Psychosocial Support
  - Venepuncture
  - Out of hours access to Hospice telephone support & advice
- Occupational Therapist
  - Home Environmental Visits/Special Equipment/Home Modification
  - Liaison with Community OT’s re obtaining aids for patients
- Physiotherapist
  - Falls Risk Assessments
  - Exercise Classes
  - Energy Conservation and Fatigue Management Programme
  - Breathlessness Management Programme
- Complementary Therapist
  - Reiki, Reflexology and Aromatherapy
- Dance and Music Psychotherapy
- Chaplains/Pastoral Care Team
- Spiritual Support
- Chapel/ Quiet Room
- Hairdresser
- Psychological Services
- Counsellors
  - One to One
  - Group
- Art Therapist
  - One to One
  - Group
- Pool and Hydrotherapy
- Garden Room Restaurant

Consultant Led Pain and Symptom Control

- Fast Track Service for persons experiencing complex or distressing symptoms
- Partnership Working with Primary, Secondary and Tertiary Care
- Holistic Assessment
- Management of Pain & Distressing Symptoms
- Proactive involvement of other Health Care Professionals where necessary
- Qutenza Clinic
  - Approved Centre – Specialist Staff trained in the administration of this treatment
  - Consultant Led Lymphoedema Clinic - offsite

Community Support Services

Access to

- Specialist Palliative Care Centre
- Specialist Symptom Assessment and Management Clinic
- Community Specialist Palliative Care Team
- Consultant in Palliative Medicine
- Specialist Registrar in Palliative Medicine
- Hospice Physician
- Three Community Specialist Palliative Care Nurses (CNS)
- 24 hour telephone support and advice
- Support and advice to patients and families (in their own homes) living with progressive life-limiting illnesses
- Education & Training Programme
  - Workshops
  - Sessions
  - Short courses
  - Accredited Courses
- Community Specialist Palliative Care Nurses
  - Holistic Assessment
  - Pain & Symptom Management
  - Psychological Support
  - Consultant & CNS home visits
  - Weekly Multi-Disciplinary Complex Case Review
  - NHS Community Based MacMillan Nurses in attendance
Founded in Glasgow, Scotland in 2005, Enterprise Screen is a multimedia, training and interactive development company specialising in film and interactive content. With a team of professionals working across film-making, broadcast, training & teaching, technology & web creation, graphics and creative arts, Enterprise Screen has delivered a range of products to the private, public and voluntary sectors, including the large corporations, Scottish Government, NHS, Local Authorities, Charities, Arts and Theatre Companies.

This has involved the development and delivery of film / multimedia based marketing, broadcast campaigns, information products and bespoke interactive training tools as well as workshop and participant led projects and social media engagement. Combining our collective skills base in delivering creative content and our understanding of complex programme, government and local regeneration targets, we are proud of our achievements in health, employability, community and professional development projects.

We have extensive experience of working with clients from a wide range of backgrounds including School and College students and adults/children with Special Educational Needs, as well as adults from excluded groups (ex-offenders, ex-substance misusers, victims of crime, long term unemployed) and those in receipt of palliative care, which gives us a unique advantage as a production company. Working with cameras and photographic tools can often intimidate clients/participants and our staff have experience of making the process as non-intrusive as possible whilst being enjoyable, engaging and rewarding.

A range of products has been delivered for the Health Sector including: information and teaching films, interactive training tools, case studies, -informing and disseminating research and promoting health/initiatives to individuals, organisations and parliament. Additionally, Enterprise Screen offer a range of conference packages that include the creation of key film products to be used at live events, as well as the management of conference recording, live webcast and development of post-conference packs and education content.

Enterprise Screen delivers Educational and Promotional films for online and DVD use to our NHS and Theatre Partners and has been involved in this partnership since 2007. This extensive knowledge of health and creative industries spans all media and our core sessional and freelance staff work in the dynamic and diverse range of creative industries throughout Scotland. Delivering creative solutions within creative industries is challenging, exciting and rewarding.

We are committed to our company mission and objectives and work hard to help us bring our products and services closer to our client’s aims and objectives.

“Enterprise Screen delivers unique, innovative and engaging products and services. We do it with a firm commitment to our Client’s vision; their personal input; and use our expertise and experience to realise this to the fullest. In the modern world of media we give organisations of all sizes the opportunity to get their message across: with imagination, momentum and strength. We deliver with fundamental values and are driven by:

- Creativity, dreams and imagination
- Attention to detail and consistency
- Working towards the simplest solution
- Change, development and progression
- “Making it happen”

Company Mission Statement 2010

We continue to innovate, imagine and create. The delivery of services within our sector is constantly changing and we are always aware of the need to balance the three key components of “Time, Quality and Cost”. With our extensive experience in film and interactive development, we are confident we can provide our clients the best possible solution to meet their aims and objectives.
If you would like to book* a place on the programme or would like further information then please use the following contact details:

Margaret Donnelly, Programme Organiser  
Tel: 0141 435 7017  
email: margaret.donnelly@smh.org.uk  

Visit our website: www.smh.org.uk

*Cost £20 per session or £150 for all sessions - minimum 2 CPD points per session

St Margaret of Scotland Hospice: Open to all in need of care