



**St Margaret of Scotland Hospice**

# Mary Aikenhead Centre

## Information for Patients and Families

St Margaret of Scotland Hospice, founded by the Sisters of Charity in 1950, is at the heart of the Community providing wholeness of care for both body and Spirit.

# WELCOME

The Mary Aikenhead Centre provides 10 single and 10 twin rooms for the frail elderly with complex medical and nursing needs. We provide the highest standard of nursing care in a caring and peaceful atmosphere for both patients and relatives. The senior staff and all other staff are always available to help with your needs, concerns or queries or to point you in the direction of appropriate help, for example, to the Pastoral Care Team.

For your benefit and comfort, and to ensure the smooth and peaceful running of Mary Aikenhead Centre, we would like to offer you the following information, which we ask you to read.



MARY AIKENHEAD  
CENTRE

## The Ward Staff

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The Ward Manager is Maureen Deeney.

Names and photographs of all ward staff are displayed on the walls opposite the Nurses Station.



**Maureen Deeney**

## Admission

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Small personal items, such as photographs, etc., may be brought into the Hospice.

### **Clothing**

Please ensure the patient has adequate clothing, stockings, socks, underwear, slippers and outdoor shoes, if appropriate. Please name label all clothing.

We encourage families to participate in their relative's care and would ask that toiletries and clothing are always in plentiful supply.

## **Toiletries Required**

Shampoo, talcum powder, body spray, deodorant, soap, moisturiser, foam bath and other personal toiletries.

## **Valuables**

All valuables and clothing will be listed and a receipt given. It is preferable that large sums of money or valuables are held by relatives or handed over for safekeeping to the Nurse in Charge of the Ward. The Hospice cannot accept responsibility for any loss.

## **Laundry**

A laundry service is available. We encourage relatives to take home woollen and “dry clean only” items to be cleaned. The Hospice cannot accept responsibility for loss or damage to clothing.

## **Celebrations and Birthdays**

We celebrate birthdays and other occasions. The Marguerite Lounge may be used for small gatherings. Families are encouraged to provide sweets, juice and supply a cake if possible.

## **Smoking**

In order to protect the environment and health and safety of its patients, employees and visitors, St Margaret of Scotland Hospice has a no smoking policy. For those in-patients who smoke, the Hospice Medical Team will, if appropriate, discuss the option of nicotine replacement therapy with patients. **Please note the use of e-cigarettes is a fire risk and is therefore strictly prohibited.**

## **Activities and Outings**

Outings are arranged in the Spring and Summer months for patients who are able to participate. Families are encouraged to participate and are welcome to take their relatives out. A wheelchair can be provided. We have beautiful grounds and gardens and we encourage families to take their relatives out in the summer months.

A Women's Guild attends the Hospice once a month to sing and to entertain the patients. We also have video nights, dominos and relaxation therapy. Every Monday we have a lively physiotherapy class for patients and physiotherapy services are available to all patients as appropriate.

## **Hairdressing**

The hairdresser attends weekly on a Thursday.  
Please let a member of staff know if your relative would like to attend the hairdresser.

Shampoo & Set	£10
Blow-dry	£10
Cut & Blow-dry	£10
Cut, shampoo & set	£10
Perm	£20
Cut & Perm	£25
Gents Cut	£5

## **Visiting**

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Open visiting is between the hours of 3pm and 8pm

However, at the patients' request, we ask that the mealtimes be avoided - 12.30–2pm and 5pm–7pm.

Children are warmly welcomed but must be supervised at all times.

The Garden Room Restaurant is available to visitors and patients for meals, light snacks and drinks. It is open daily from 7.30am until 7.30pm.

# Chaplaincy Services

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**Hospice Chaplain**    Father Frank Wilson  
                                    Father Bernard Connell

**Hospice Minister**    Reverend Bill Ferguson

We aim to cater for all beliefs and none. The following services are available at the Hospice:

## Daily Mass

Mondays, Thursdays, Fridays & Weekends- 11.30am

Tuesdays & Wednesdays - 4.00pm

## Church of Scotland Service

Every Wednesday at 11.00am

Special requests for other services may be agreed. Should a visitor wish to accompany a relative to one of the various religious services within the Hospice, please contact the Nurse in Charge for details.



**Prayer Room**

## Health and Safety

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For Health and Safety and Fire Regulation purposes, please always sign in and out at Reception.

A fire alarm test takes place every Wednesday at 10am.

## Regulation of Care

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If you are dissatisfied with the service in Mary Aikenhead Centre, you may complain directly to Christine Hill, Executive Office Business Manager, Healthcare Improvement Scotland, Gyle Square, South Gyle Crescent, Edinburgh, EH12 9EB

Phone            0131 623 4319 (Direct Line)  
                      0131 275 6000 (reception)

Email            [christine.hill2@nhs.net](mailto:christine.hill2@nhs.net)

## Contact

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**Direct Line:**        **0141 435 7007** (Mary Aikenhead Centre)  
**Reception:**        0141 952 1141  
**Fax:**                0141 951 4206  
**Email:**             [office@smh.org.uk](mailto:office@smh.org.uk)  
**Website:**          [www.smh.org.uk](http://www.smh.org.uk)